

Diabetes Prevention in American Indian Communities:
Turning Hope Into Reality

December 10-13, 2002
Adams Mark Hotel
Denver, CO

AGENDA – Draft 11/04/02

Tuesday, December 10, 2002

3:00 pm-9:00 pm	Pre-Conference Registration
3:00 pm – 6:00 pm	Exhibit Set Up
6:00 pm-9:00 pm	Pow-Wow <i>to Honor People with Diabetes, Tribal Communities, and their Healthcare Providers</i> <i>Sponsored by The American Diabetes Association</i>

Wednesday, December 11, 2002

THEME - HOPE

6:00 am-6:00 pm	Registration
6:00 am-8:00 am	Continental Breakfast
8:00 am – 5:00 pm	Exhibits
8:00 am - 8:15 am	Opening General Session - Theme “Hope” <i>Moderator - TBD</i> <i>Prayer – TBD</i>
8:15 am- 9:00 am	Welcome and Introductions <i>TLDC Co-Chairs</i> <i>Alvin Windy Boy, Sr</i> <i>Kermit Smith</i> <i>Sponsors</i> <i>NIH/NIDDK</i> <i>Indian Health Service</i>

*Centers for Disease Control and Prevention
American Diabetes Association*

9:00 am – 9:30 am	Diabetes Prevention <i>Notah Begay</i>
9:30 am – 10:00 am	Break
10:00 am – 10:30 am	Diabetes Prevention Program <i>Dave Marrero – results DPP/comments</i>
10:30 am – 11:30 am	Diabetes Prevention Program – Participants comment <i>Panel of Participants, Program Staff</i>
11:30 am – 12:00 pm	Tribal Leaders Diabetes Committee Panel – the meaning of the DPP results
12:00 pm – 2:00 pm	LUNCH <i>On your own</i>
2:00 pm – 3:00pm	Concurrent Workshops <i>Focus on Prevention Activities</i> Workshop 1: DPP Workshop 1 Workshop 2: DPP Workshop 2 Workshop 3: DPP Workshop 3 Workshop 4: Physical Activity Workshop 4 Workshop 5: Youth and Diabetes Prevention Workshop 5 Workshop 6: Curricula for Youth Workshop 6 Workshop 7: Diabetes Risk and Behaviors Workshop 7
3:00 pm-3:30 pm	Break
3:30pm – 5:00 pm	Poster Session - <i>Diabetes Prevention Abstracts</i> Repeat Selected Concurrent Workshops Workshop 1: DPP Workshop 1 Workshop 2: DPP Workshop 2

Workshop 3: Physical Activity Workshop 4

Workshop 4: Youth and Diabetes Prevention Workshop 5

6:00 pm – 8:00 pm

Reception (tentative)
Sponsored by:

Thursday, December 12, 2002

THEME -REALITY

7:00 am – 5:00 pm

Registration

7:00 am – 8:00 am

Continental Breakfast

8:00 am – 5:00 pm

Exhibits

8:00 am – 8:30 am

General Session – Theme “Reality”

Welcome and Prayer
Moderator – TBD
Prayer - TBD

8:30 am – 9:30 am

Plenary Session: Special Diabetes Program for Indians

Overview of the 2003 Final Report to Congress Evaluation
Kelly Acton, MD MPH

9:30 am – 10:00 am

SDPI Grant Program Presentations:

Innovative Approach to Improving the Clinical Care of
Diabetes

Student Empowerment to Get Healthy Food Choices into
their Schools

10:00 am – 10:30 am

Break

10:30 am – 11:30 pm

SDPI Grant Program Presentations:

Positive Impact of Adding Behavioral Health
Principles to Diabetes Care

Innovative Educational Approaches to Increasing Diabetes
Awareness

Development of Community Approach to Increasing
Physical Activity

Targeting Youth through Collaboration with Boys and
Girls Clubs

11:30 am – 12:00 pm

Audience comment/Questions

12:00 pm – 2:00 pm

Lunch

One your own

2:00 pm – 3:00 pm

Concurrent Workshops

Focus on Diabetes Programs

Workshop 1: Beliefs on Diabetes Workshop 1

Workshop 2: Stress, Trauma and Diabetes Workshop 2

Workshop 3: Diabetes Education Programs Workshop 3

Workshop 4: Diabetes Data Workshop 4

Workshop 5: Diabetes Programs Workshop 5

Workshop 6: Diabetes Programs Workshop 6

Workshop 7: Evaluation Workshop 7

3:00 – 3:30 pm

Break

3:30 pm – 5:00 pm

Talking Circles (TC)

Facilitated by Lorelei DeCora

TC 1: People with Diabetes

TC 2: Providers

TC 3: People with Diabetes

TC 4: Providers

Repeat Selected Workshops

Workshop 1: Evaluation Workshop 7

Workshop 2: Diabetes Education Programs Workshop 3

Poster Session - *Diabetes Program Abstracts*

5:00 pm

Dinner

On your own

Friday, December 13, 2002

THEME - FUTURE

7:00 am – 8:00 am

Registration and Continental Breakfast

8:00 am – 11:00 am

Exhibits

8:00 am – 8:30 am

Closing General Session – Theme “Future”

Welcome and Prayer

Moderator - TBD

Prayer - TBD

8:30 am - 10:00 am

Plenary Session: The Future of Prevention

Inspirational Speaker/Celebrity

Senator Pete Domenici (invited)

Panel of Youth Speakers

TBD

10:00 am – 10:30 am

Break

10:30 am – 11:30 am

Tribal Leaders Diabetes Committee Panel

TBD

11:30 am – 12:00 pm

NDEP American Indian Youth Campaign: Move It!

12:00 pm – 12:30 pm

Closing Remarks and Prayer

Prayer – TBD

Concurrent Workshops

Wednesday, December 11, 2002

2:00 pm – 3:00pm

Concurrent Workshops

Focus on Prevention Activities

Workshop 1: DPP Workshop 1

Percy – DPP Lifestyle Balance Program

Workshop 2: DPP Workshop 2

Hoskin – DPP Lifestyle Balance Program and its
Implementation in Indian communities that
participated in DPP

Workshop 3: DPP Workshop 3

Begay – Recruitment and retention of American
Indians for the DPP in reservation and
urban areas

Workshop 4: Physical Activity Workshop 4

Perkins – Improving Access to Physical Activity in
Native Communities
Gorn – Summercise
Brunelle – Community Fitness Program Model

Workshop 5: Youth and Diabetes Prevention Workshop 5

Francis – NA Youth: Health Behaviors and
Attitudes
Weesner – Obesity, Insulin Resistance and Type 2
Diabetes in NA Children of Central OK
Murphy – Breastfeeding as a Diabetes and Obesity
Risk Intervention Model

Workshop 6: Curricula for Youth Workshop 6

Cook – Early Classroom Education Reduces High
Risk of Diabetes in Childhood
Fiore – Motivational Interviewing for Prevention of
Diabetes
Archuleta – Promoting Healthy Behaviors among
NA Adolescents: an Adventure-Based
Health Curriculum

Workshop 7: Diabetes Risk and Behaviors Workshop 7

Harwell – Beliefs about Diabetes Prevention and

Risk

Hodge – Culturally Appropriate Intervention to
Reduce Fatalistic Perspectives of Diabetes
Among Northern Plains Indians

3:30pm – 5:00 pm

Repeat Selected Concurrent Workshops

Workshop 1: DPP Workshop 1

Percy – DPP Lifestyle Balance Program

Workshop 2: DPP Workshop 2

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Implementation in Indian communities that
participated in DPP

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Diabetes in NA Children of Central OK

Murphy – Breastfeeding as a Diabetes and Obesity
Risk Intervention Model

Concurrent Workshops

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2:00 pm – 3:00 pm

Concurrent Workshops

Focus on Diabetes Programs

Workshop 1: Beliefs on Diabetes Workshop 1

Satterfield – So that the People May Live

McCabe – Challenges in Interpreting Diabetes
Concepts in Navajo Language

Workshop 2: Stress, Trauma and Diabetes Workshop 2

Bullock – The Connection of Stress and Trauma
To Type 2 Diabetes

Bullock – Working Towards the Roots of the
Epidemic: The Cherokee Diabetes Program

Ferreira – Diabetes Around the World: Social
Suffering, Emotional Liberty, and the
Ethical Aspirations of Indigenous People

Workshop 3: Diabetes Education Programs Workshop 3

Smith-Morris – Prenatal diabetes education

Brasuell – using the Ten IHS Standards of
Integrated Diabetes Care to Formalize
Policies and Procedures in Diabetes Care

Yarholar – AAIP NDEP Campaign Awareness
Materials for Community Intervention

Workshop 4: Diabetes Data Workshop 4

Baldrige – Mapping Indian Diabetes

Branchaud – Diabetes Management Software
Program

Anderson – CDCynergy – AIAN Diabetes
Education: a Tool for Strategically Planning
Health Communication

Workshop 5: Diabetes Programs Workshop 5

Altenburg – Primary Prevention and Diabetes
Management: Training CHA/Practitioners
In Rural Alaska

Teague – Cherokee Nation Clinical Diabetes
Program – Implementation of a Systems
Approach

Gray – A Community Diabetes Education Project in

A Northern Wisconsin Tribal Clinic and
Unique Partnerships

Workshop 6: Diabetes Programs Workshop 6

Pole – United American Indian Involvement, Inc.
Cantrell – Diabetes and Smoking: A Dual Threat
Among Natives
Whitewolf – Diabetes: Voices for Change
Sanchez – Potawatomi Health Village Diabetes
Support/Talking Group

Workshop 7: Evaluation Workshop 7

Short – Evaluation Strategies for Indian Country:
The Basics of Planning for Program
Evaluation

3:00 – 3:30 pm

Break

3:30 pm – 5:00 pm

Repeat Selected Workshops

Workshop 1: Evaluation Workshop 7

Short – Evaluation Strategies for Indian Country:
The Basics of Planning for Program
Evaluation

Workshop 2: Diabetes Education Programs Workshop 3

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Policies and Procedures in Diabetes Care
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Materials for Community Intervention

Poster Sessions

Wednesday, December 11, 2002

3:30pm – 5:00 pm

Poster Session - *Diabetes Prevention Abstracts*

Blevins – Association of Dyslipidemia and Fasting Insulin with Overweight in Cherokee Indian Youth

Permann – Project ANNA: Acanthosis Nigricans Awareness in Native Americans

Shaheb – Is Acanthosis a Good Marker for Diabetes Prevention?

Clay – Pathways: A Participatory Approach to a Healthier Lifestyle for AI School Aged Children Grades 3-5

Mohawk – Community Fitness Center and Community Playground Projects

Wilson – Healthy Children, Healthy Families, Healthy Communities Initiative

Sangster – Close to the Heart: Breastfeeding Our Children, Honoring our Values

Robb – Identity-based Strategies for Childhood Obesity and Diabetes Prevention

Hansom - Looking Better: Feeling Great!

Poster Sessions

Thursday, December 12, 2002

3:30 pm – 5:00 pm

Poster Session - *Diabetes Program Abstracts*

Harrison – It's Not 'Either-Or' But Both: Integrating Traditional with Modern Medicine

Brasuell – Educating partners in Care - Successful Adaptation of a Self-Management Curriculum

Weaver – Development of a High risk Diabetic Foot Program for Alaska Native patients with Diabetes

Saunkeah – Effective Partnerships – Chickasaw Nation and Oklahoma REACH 2010

Crassi – Step it Up to Stomp Out Diabetes

Barruga – Providing Culturally Competent Self-Management Education for Southern California Native Americans with Diabetes

Moore – Using Tribally Supported Incentives to Encourage Participation and Outcomes in Diabetes Care

Thompson – Measuring the Effectiveness of Community Based Diabetes Education/Prevention Programs

Williams – Touched By Sparkles: Motiving People with Diabetes to Shine and Be in Control of Their Care

Clapp – Improving the Adverse Cardiovascular Prognosis of Type 2 Diabetes in Indian Country

Calhoun – Why Change Now? Brief Motivational Interviewing as a Type 2 Diabetes Intervention Among Shoshone/Arapaho Tribes

Fransen – Diabetic Retinopathy Evaluation Service

Gladstone – Designing a Theory Based Diabetes Education Program - The Healthy O'odham Promotion Program

Conti – The Medical Wheel Model for Native American Nutrition

Alam – Choctaw Continuity in Diabetes Management: A Community-wide Prevention Program